



Middletown
PUBLIC LIBRARY

Library Hours

Monday - Thursday: 10:00 am-8:00 pm

Friday - Saturday: 10:00 am-5:00 pm

Sunday: Closed

Monthly Newsletter - March 2026

Welcome to the March edition of the Middletown Public Library Newsletter!

We're excited to share updates, upcoming events, and resources with our community through our new newsletter platform, Patron Point. This new system helps us reach all of our patrons more easily so you never miss out on what's going on at the library.

1 Thank you for being part of our community!

Adult Services Programs!

Join us for fun, hands-on programs led by Julie!

- ★ Maker's Monday – Try out a new craft every Monday!
- ★ Cookbook Club – 2nd Thursday of every month
- ★ Plant Parent Group – 3rd Thursday of every month

Maker Mondays for Adults 6-7PM

- March 9th - Pot of Gold Wreath
- March 16th - Folded Book Bird's Nest
- March 23rd - Panorama Easter Eggs
- March 30 - Mermaid Bookmarks



Registration required
For Adults 18+ only



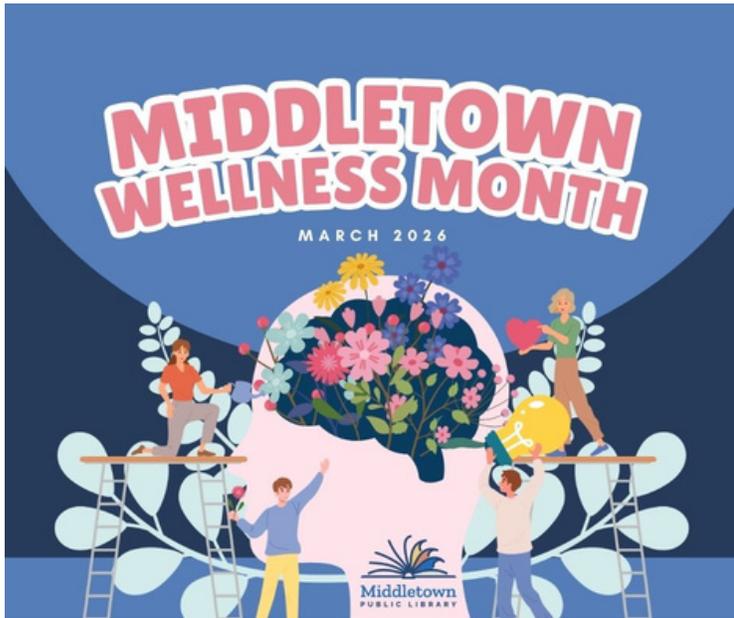
March 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Key: green = story time purple = tween - teen red = young kids black = all ages</p> <p>*** = registration</p> <p>Middletown PUBLIC LIBRARY</p> <p>PROGRESS OVER PERFECTION</p> <p>you have to keep trying</p> <p>BOOKS ARE MAGIC</p>	<p>1 Dr. Seuss Storytime 11-11:30AM</p> <p>8 Feeling well with Miss Mel Nail Art 6-7pm</p> <p>15 Rainbow wind sock 11-11:30am</p> <p>22 Welcome Spring Storytime 11-11:30am</p> <p>29 Pig Pals 10:30-11:15am Ages 5-9</p>	<p>Adventures Around the World 4-5pm</p> <p>16 ST PATRICKS DAY</p> <p>23 Create A Bunny Friend 4-5pm</p>	<p>3 Feeling well with Miss Mel Story Time 10:30-11:15am</p> <p>10 Candy Binge 4-4:45pm</p> <p>17 Paint Your Worries Away 5-5pm</p> <p>24 Lego Block Party 4-6pm</p>	<p>4 Little Crafters 11-11:45am</p> <p>11 Game Show Switch Fun 4-5 pm</p> <p>18 Little Crafters 11-11:45am</p> <p>25 Read to a Therapy Dog 4-5pm</p> <p>TTT: Sensory Serenity Slush 6-7PM</p> <p>TTT: Doodle Weaving 6-7PM</p>	<p>5 TTT: Dream Boards 6-7PM</p> <p>12 Little Crafters 11-11:45am</p> <p>19 Hello Spring</p>	<p>6 Bilingual Story Time 10:30-11:30am</p> <p>13 Green Clay Play 11-12pm</p> <p>20 Pi day craft 1-2pm</p> <p>21 MMM: Pillow Plush 1-2PM Grades 1-4</p> <p>26 national scribe day</p>

Youth Services Programs!

Exciting and engaging activities for kids of all ages, from babies to teens! Whether you're looking for a hands-on craft or a relaxing story time, our Youth Services department has a program for you!

REGISTRATION REQUIRED FOR ALL PROGRAMS UNLESS STATED OTHERWISE! QR CODE TO REGISTER ON PAGE 7!

Middletown Wellness Month 2026



The Middletown Prevention Coalition, in collaboration with community partners, is sponsoring an exciting month of FREE events, activities, and training opportunities throughout the month of March to promote and support health and wellness for all members of our community.

Middletown Community-Wide Events

Wednesday Nature Walks - March 4, 11, 18, 25 • 3:00pm
Meditation & Sound Bath - March 4, 25 • 10:00am
Safe & Strong Self-Defense for Women - March 7, 14, 28 • 1:00pm
Sensory Exploration Art & Play - March 7, 15, 21 • 9:00am - 5:00pm
Guided Mindfulness and Meditation - March 20, 27 • 9:00am
Soothing Relaxation Chair Massages - March 21 • 11:00am
Learn-To-Play Family Day - March 22 • 2:00 - 4:00pm

Middletown Library Wellness Series

Breathwork, Mindfulness, & Energy Work - March 3 • 6:00pm
Feel Well with Miss Mel: Stories & Mindful Fun - March 4 • 10:30am
Let's Talk About Money - March 5 • 6:00pm
Feel Well with Miss Mel: Creative Expression Nail Art - March 9 • 6:00pm
Fit, Fab, and Free - March 10 • 5:30pm
Women's Health Through Menopause - March 17 • 6:00pm
DIY Self Care Tool Kits - March 26 • 6:00pm
Attract the Healthy Life You Deserve - March 31 • 6:30pm

Yoga & Vinyasa Flow at Innerlight

Gentle Yoga with Kim Chandler - March 3 • 5:45pm
All Levels Yoga with Melissa Pattavina - March 6 • 11:00am
Vinyasa Flow with Nancy Bixby - March 8 • 9:30am
Gentle Yoga with Kim Chandler - March 10 • 5:45pm
Gentle Yoga with Kimberly McClure - March 15 • 5:00pm
Vinyasa Flow with Mary Cadmus - March 18 • 5:30pm
Vinyasa Flow with Nancy Bixby - March 22 • 9:30am
12 Step Recovery Yoga with Laura Clarke - March 24 • 12:30pm
Vinyasa Flow with Mary Cadmus - March 25 • 5:30pm
Restorative Yoga with Sue Dunbar - March 26 • 4:00pm
12 Step Recovery Yoga with Laura Clarke - March 31 • 12:30pm

Register for Middletown
Community-Wide Events or Yoga
& Vinyasa Flow at Innerlight



Register for Middletown
Library Wellness Series



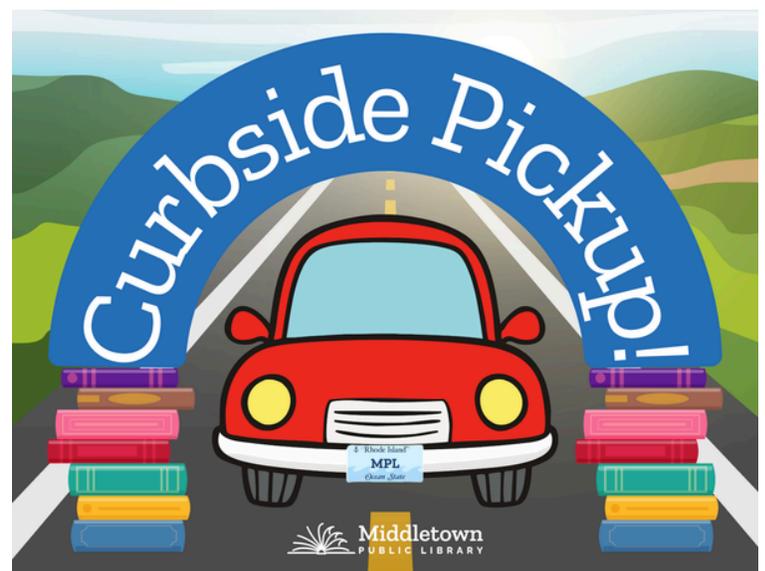
Curbside Pickup!

The Middletown Public Library is proud to offer curbside pickup for your convenience!

When you receive notification that your holds are ready, please call our Circulation Desk at 401-846-1573 ext. 1 to schedule your preferred pickup time.

When you call, be sure to have the library card number the items will be checked out on readily available.

When you arrive to pickup your materials, call 401-846-1573 ext. 1 to let us know you are waiting, and one of our incredible staff members will bring them to you!



Middletown 250th: Plant Your Own Colonial Dooryard Herb Garden!

In Colonial times, herbs were grown to be used for medicine, cooking, dyes, and more!

They were often planted right outside a door, hence the name "dooryard gardens".

In honor of the upcoming 250th anniversary, patrons are invited to join us to start their own colonial herb garden!

Each patron will receive a mini greenhouse, soil, herb seeds and instructions.

Drop in any time between 11AM and 2PM.

One per family. While supplies last. No registration required.

Plant Your Own Colonial Dooryard Herb Garden

Saturday,
March 7th
Drop in any time
between 11AM
and 2PM.

Each patron will
receive a mini
greenhouse, soil,
herb seeds and
instructions.



One per family. While supplies last.
No registration required.



Did you know...

You have free access to more than 500 free, online courses through Middletown Public Library!

We're proud to offer our patrons access to lifelong learning courses in over 30 subject areas, many of which offer continuing education units (CEUs).

More than 500 courses are available, and all are designed and led by professional instructors to build deeper understanding and mastery of subject matter.

Universal Class includes videos, assignments, quizzes, tests, and options for social media interaction with other learners. Take multiple classes and learn at your own pace!

All classes require a valid Middletown Public Library Card, which will allow users to create a Universal Class username and password.

Learn Something New!

Universal
class

Over
500
Online Continuing
Education Courses

ALL CLASSES REQUIRE
A VALID MIDDLETOWN
PUBLIC LIBRARY CARD!





Become a Friend of the Library!



The Friends of the Middletown Public Library are a nonprofit that supports the library through fundraising and advocacy, helping fund programs, events, books, media, and equipment beyond the library's budget.

To learn more, join, or volunteer, email friendsmembers@middletownlibraryri.org or pick up an application at the library.

The Friends Bookstore

The Friends of the Middletown Public Library are pleased to announce the cookbook sale will continue through March, with all titles offered at 50% off the regular price.

Looking ahead, the Friends will host their Annual Handbag and Jewelry sale on May 1st and 2nd at 10:30 AM in the MPL Meeting Room.

The Friends are seeking gently used handbags & jewelry, especially clip-on earrings!

All donations can be dropped off with the bookstore attendant or at the Public Services desk.

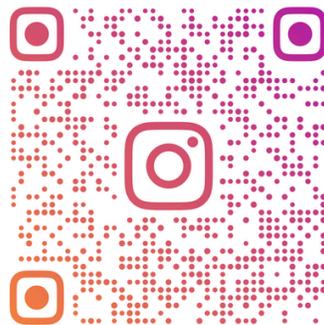


Middletown
PUBLIC LIBRARY

Use the QR code below to register for one of our March programs!



Connect with us on Facebook!



MIDDLETOWN_PUBLIC_LIBRARY_RI

Connect with us on Instagram!



Connect with us on TikTok!